

NJC FAMILY MONTHLY NewsLetter

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Keeping Kids Educationally Engaged During Summer Break

Summer break is a time for children to recharge, explore, and have fun. However, it's also crucial for parents to ensure that their kids stay intellectually stimulated during this time away from school. By incorporating educational activities into their summer routines, parents can prevent the dreaded "summer slide" and foster a love for learning that extends beyond the classroom. Here are ten creative ways parents can keep their kids educationally engaged during the summer months.

1. Create a Learning Schedule:

Establishing a daily or weekly learning schedule helps maintain structure and consistency during the summer break. Designate specific times for reading, exploring STEM activities, engaging in outdoor learning, and pursuing creative endeavors. Having a routine helps children understand that learning is a priority, even outside of school.

2. Foster a Love for Reading:

Encourage reading by providing access to a variety of books that cater to your child's interests and reading level. Set aside time each day for independent reading and consider organizing family reading sessions where everyone can share and discuss their favorite books. Visiting the local library or bookstore regularly can also make reading feel like a fun adventure. 3.Explore Hands-On STEM Activities:

Engage children in hands-on STEM (Science, Technology, Engineering, and Math) activities that are both educational and entertaining. Build a backyard obstacle course, conduct simple science experiments using household materials, or explore the night sky through stargazing sessions. Encouraging curiosity and exploration fosters a deeper understanding of STEM concepts.

4. Take Learning Outdoors:

Harness the power of the great outdoors by incorporating nature-based learning activities

children's scientific knowledge but also promotes physical activity and appreciation for the environment.

5. Cultivate Creativity Through Arts and Crafts:

Encourage artistic expression by providing children with painting, sculpting, and other artistic activities.

6.Learn Through Cooking and Baking:

Turn mealtime into a learning experience by involving children in measurement, and following recipes while whipping up delicious treats together. Cooking and baking not only develop essential life skills but also provide opportunities to explore math and

7. Embrace Cultural Exploration:

and read books that celebrate diversity and inclusion.

8. Encourage Virtual Learning Opportunities:

Explore educational websites, interactive games, and educational apps that cater to your child's interests and learning style. 9.Foster Curiosity and Inquiry:

Encourage children to ask questions, explore their interests, and answers, conduct research, and engage in independent learning projects. Encourage them to document their discoveries through journals, drawings, or digital media.

7.Celebrate Learning Milestones:

Recognize and celebrate your child's achievements and skill, completing a challenging puzzle, or finishing a book, continue learning and exploring new interests.

Keeping kids educationally engaged during the summer and learning styles, parents can transform the summer break into learn, explore, and thrive outside of the classroom.