



MONTHLY NEWSLETTER



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Time Management: Biblical Wisdom for Effective Living

Time is a precious gift bestowed upon each of us, yet managing it wisely remains a perpetual challenge. During busy schedules and constant demands, the Bible offers timeless principles and practical guidance on how to steward our time effectively. Let us explore these invaluable teachings that can transform our approach to time management and enrich our lives.

1. Recognize the Sovereignty of Time:

Ecclesiastes 3:1 reminds us, "There is a time for everything, and a season for every activity under the heavens." Understanding that time is a resource entrusted to us by God encourages us to use it purposefully. Just as seasons change, our lives are marked by different phases requiring appropriate allocation of time to work, rest, relationships, and personal growth.

2. Seek God's Guidance in Planning:

Proverbs 16:3 advises, "Commit to the Lord whatever you do, and he will establish your plans." Effective time management begins with seeking God's guidance in setting priorities and making plans. By aligning our goals with His will, we gain clarity and direction, ensuring that our time is invested in pursuits that honor Him and benefit others.

3. Prioritize What Matters Most:

In Matthew 6:33, Jesus instructs, "But seek first his kingdom and his righteousness, and all these things will be given to you as well." Prioritizing God's

kingdom involves aligning our time with activities that promote spiritual growth, serve others, and fulfill our responsibilities. By discerning between urgent and important tasks, we avoid distractions and focus on what truly matters in eternity.

4. Practice Discipline and Diligence:

Proverbs 12:24 teaches, "Diligent hands will rule, but laziness ends in forced labor." Managing time effectively requires discipline and diligence. This includes setting realistic goals, maintaining a schedule, and resisting procrastination. By cultivating habits of punctuality and perseverance, we honor God with our stewardship of time and maximize our productivity.

5. Embrace Rest and Renewal:

Mark 6:31 recounts Jesus' invitation to his disciples, "Come with me by yourselves to a quiet place and get some rest." Amidst our hectic lives, scheduling time for rest and renewal is essential for physical, emotional,

and spiritual well-being. By observing Sabbath principles and nurturing moments of solitude with God, we replenish our strength and maintain balance in our daily routines.

6. Use Time to Build Relationships:

Ephesians 5:15-16 advises, "Be very careful, then, how you live not as unwise but as wise, making the most of every opportunity." Investing time in nurturing relationships with family, friends, and neighbors reflects God's love and strengthens the fabric of community. By prioritizing meaningful connections and practicing active listening, we contribute to building lasting bonds and fostering unity.

7. Remain Flexible and Trust God's Timing:

James 4:13-15 reminds us, "Instead, you ought to say, 'If it is the Lord's will, we will live and do this or that.'" While planning is essential, recognizing God's sovereignty over time invites us to remain flexible and trust His timing. Embracing seasons of waiting or unexpected changes with faith allows us to grow in patience and reliance on His providence.

Biblical wisdom offers a profound framework for managing time that transcends mere productivity. By honoring God with our schedules, seeking His guidance in planning, prioritizing what matters most, practicing discipline, embracing rest, nurturing relationships, and trusting His timing, we can steward our time effectively and lead lives of

purpose, peace, and fulfillment. May these principles guide us in making every moment count for His glory.



"In the realm of Christian life and service the question of stewardship occupies a large and vital place. Every Christian believer is deeply and continuously concerned. Our recognition of the sovereignty of God, of his ownership of all things, and of the bestowal of his grace upon us, is included in a proper understanding of the principles of stewardship. As our comprehension of these principles grows and expands, we are led into a fuller understanding of the way God's love and grace operate in our lives.

E. G. White. *Counsels on Stewardship*, P 5.2

